**BLOG POSTS – Can Cell Phones Really Cause Cancer?\_d2**

Regional Cancer Care Associates–Central Jersey Division

**Can Cell Phones Really Cause Cancer?**

**Keyword(s):**

Cell phones, cancer, do cell phones cause cancer?

**Target Web Page:**

[http://centraljerseyrcca.com](http://centraljerseyrcca.com/services/)

**Description Tag** (140 characters):

Can the cell phones we can’t live without cause cancer? Discover why people are concerned and what research has shown so far, from RCCA-CJD.

**Title Tag / Headline**: Can Cell Phones Really Cause Cancer?

They connect us to our friends, family and coworkers. They can wake us up, provide instant facts on random subjects, count our calories and help us protect our homes from would-be intruders.

We depend on our cell phones now more than ever, and that makes a lot of people nervous when it comes to the possible links between cell phone use and cancer.

**The concerns about cell phone use and cancer**

Even if you’re worried about the link between cell phone use and cancer, you might ask yourself, “am I overreacting?” To date, numerous studies have produced conflicting results, so it’s hard to say. But let’s consider that cell phones emit radiofrequency energy (a form of non-ionizing radiation. The tissues closest to the phone can absorb that energy.

And because cell phones are typically held near the head during use, the main concern is that they could cause tumors in this area, including:

* Malignant (cancerous) brain tumors such as gliomas
* Non-cancerous brain tumors such as meningiomas
* Non-cancerous nerve tumors that connect the brain to the ear (acoustic neuromas)
* Non-cancerous tumors of the salivary glands

**What the studies say about cell phones causing cancer**

The Mayo Clinic recently shared a glimpse into some of the research and varying conclusions:

* A study that tracked more than 420,000 cell phone users over a 20-year period found no evidence of a link between cell phones and brain tumors.
* Another study revealed an association between cell phones and cancer of the salivary glands, *but only a small number of study participants had malignant tumors.*
* A third study suggested a possible increased risk of glioma — a specific type of brain tumor — for the heaviest cell phone users, but no increase in brain tumor risk overall.

**Can cell phones really cause cancer?**

After reviewing key research, the International Agency for Research on Cancer found limited evidence that cell phone radiation is a cancer-causing agent (carcinogenic). As a result, they classified radiofrequency electromagnetic fields as *possibly carcinogenic to people.*

Clearly, right now, no one knows if cell phones can cause cancer. Still, if you’re in doubt, use the speaker to talk, or try hands-free ear buds that keep the phone away from your head.

**The indisputable choice for excellent cancer care in Central New Jersey**

With all the uncertainties about cell phones and cancer, along with the risk factors to be considered for all types of cancer, know that [world-class cancer treatment](http://centraljerseyrcca.com/) is close by. In all six locations, you’ll find complete support. From advanced, yet personalized treatment plans to financial advocacy and more, we strive to manage every aspect of your care.

To learn more or schedule an appointment, call 888-824-8312 or [click here](http://centraljerseyrcca.com/contact-us/request-an-appointment/) to use our online form.

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