**BLOG – Understanding Cancer Treatment\_d2**

Regional Cancer Care Associates’ Central Jersey

Understanding Cancer Treatment

**Keyword**

Understanding cancer treatment

**Target Web Page:**

<https://centraljerseyrcca.com/services/chemotherapy/>

**Description Tag** (153 characters):

Understand your cancer treatment with help from the experienced oncologists at Regional Cancer Care Associates. Contact us at 888-824-8312 to learn more.

**Title Tag / Headline**: Understanding Cancer Treatment

If you or a loved one has been recently diagnosed with cancer, it can be overwhelming and even scary. We understand how devastating it can be to process a cancer diagnosis while trying to understand your options. There’s a lot of new information coming your way about your specific type of cancer, as well as your treatment options. To help you cope with the information overload and help you feel in control, we’ve put together the most important information you’ll need to understand in the beginning.

**Types of cancer treatment**

There are many different types of cancer treatment. Determining which one is right for you largely depends on the type of cancer you have as well as how far it has advanced. Let’s take a look at your options below:

* **Surgery**  
  Surgery is often used to remove cancerous tumors from the body. It is usually followed by a number of chemo, hormone or radiation therapy treatments to ensure the cancer has been completely eliminated. It’s important to talk to your oncologist to make sure you understand what to expect before, during and after the surgery.
* **Radiation therapy**Radiation therapy uses a high dose ofradiation to destroy cancer cells and shrink malignant tumors. You may experience side effects following radiation therapy treatments, which vary depending on the location and size of the cancer tumor.
* **Chemotherapy**Chemotherapy uses one or more anti-cancer medications to treat many different types of cancer. It may be given with curative intent, to reduce symptoms or to prolong the life of the person affected. Chemotherapy may cause fatigue, nausea, vomiting, anemia or loss of appetite.
* **Immunotherapy**Immunotherapy helps boost the body’s natural defenses to fight the cancer. It uses substances made by the body as well as the laboratory to improve or restore immune system function. Immunotherapy is typically used alongside other types of cancer therapy.
* **Targeted therapy**Targeted therapy helps stop cancers from growing or spreading by targeting the genes and proteins found in cancer cells. It is often used in conjunction with chemotherapy and other cancer treatments.
* **Hormone therapy**Hormone therapy involves taking medications that stop the cancer cells from getting the hormones they need to grow. Hormone therapy is most often used to treat breast or prostate cancers.
* **Stem-cell transplant**A stem-cell transplant is most often used to treat blood cancers like leukemia, lymphoma and myeloma. Following high-dose chemotherapy and/or radiation therapy, healthy stem cells are then transfused into the blood to help restore damaged or diseased bone marrow.

If you are searching for expert cancer care and [cancer treatment in Central Jersey](https://centraljerseyrcca.com/services/chemotherapy/), please contact Regional Cancer Care Associates’ Central Jersey Division at 888-824-8312. Our experienced, compassionate, dedicated cancer physicians are committed to providing top-quality, state-of-the-art oncology and hematology care.

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