**BLOG – What Happens During Chemotherapy?\_d1**

Regional Cancer Care Associates’ Central Jersey Division

What Happens During Chemotherapy?

**Keyword**

Chemotherapy

**Target Web Page:**

<https://centraljerseyrcca.com/services/chemotherapy/>

**Description Tag** (141 characters):

Learn what happens during chemotherapy from the skilled oncologists at Regional Cancer Care Associates. Call 888-824-8312 for an appointment.

**Title Tag / Headline**: What Happens During Chemotherapy?

Chemotherapy treats many types of cancer with either oral or intravenous medications. This treatment is considered systemic because it affects the entire body, not just the cancer cells. Chemotherapy medications attack rapidly growing cancer cells, but they may also attack healthy cells that are growing rapidly. For this reason many cancer patients who receive chemotherapy have side effects like nausea, fatigue, hair loss, anemia and loss of appetite.

**Getting to know your chemotherapy team**If you’ve been diagnosed with cancer and recently found out you will need chemotherapy treatments, it is important to know you will not be alone on your journey. Our team of highly trained medical professionals will work together to give you the very best care, including:

* **Medical oncologist** — specializes in treating cancer with medication.
* **Oncology nurse practitioner** — administers the chemotherapy treatment.
* **Oncology social worker** — specializes in helping people cope with cancer as well as the challenges it may bring.
* **Registered dietician** — provides education to those with cancer to help them live well during and after treatment.
* **Physical therapist** — helps people with cancer return to their highest level of independence.

**Understanding the two types chemotherapy treatment process**Chemotherapy often involves several treatment sessions, spread out over a number of months. There are two ways you may receive chemotherapy treatment:

* **Intravenous chemotherapy**
In most cases, chemotherapy is administered directly into a vein (intravenously). Intravenous chemotherapy delivers medicine that is slowly delivered to your vein. Depending on your specific treatment plan, each session can range from a few hours to several days.
* **Oral chemotherapy**Sometimes, chemotherapy is delivered through oral medication tablets. Like intravenous chemotherapy, oral chemotherapy requires frequent trips to the hospital to receive your new dose of tablets and to get a check-up. Because you are able to take the medicines at home, it is important to make sure you understand all of the information and instructions. Ingesting too much or too little medication may reduce its effectiveness and may be dangerous.

For effective [chemotherapy in Central Jersey](https://centraljerseyrcca.com/services/chemotherapy/) contact Regional Cancer Care Associates’ Central Jersey Division (RCCA-CJD) at 888-824-8312. Our compassionate oncologists are highly skilled in the diagnosis and treatment of cancer.

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