**CURRICULUM VITAE**

**PENNY BRENNER BLOCK**

November 20, 2015

**Executive Director**

**Block Center for Integrative Cancer Treatment and**

**Institute for Integrative Cancer Care Research & Education**

***NATURE OF PROFESSIONAL ACTIVITIES*:**

Design, development, implementation, and research evaluation of comprehensive program of

integrative treatment in oncology, including therapeutic nutrition; biobehavioral strategies and psychosocial support that modify biochemical consequences of stress factors; and systems for enhancing health behavior change and adherence, including appropriate exercise and physical care. Individual and group integrative health and biobehavioral education, counseling, and professional training.

***EDUCATION*:**

B.A. Cornell University; Ithaca, New York

M.A.. Northwestern University; Evanston, Illinois

Ph.D. University of Chicago; Chicago, Illinois. Psychosocial/Biobehavioral Oncology.

***ADDITIONAL POST-GRADUATE TRAINING***:

1984 – 1987 Clinically supervised training in social/behavioral psychology, Rudo Globus,

Ph.D.

1995 – 1996 EMDR Levels I and II training for clinical application with cancer patients.

1998 -- American Society of Clinical Hypnosis – Clinical Hypnosis Training for application

in medical practice.

1998 -- Harvard Medical School. Mind/Body Medical Institute Seminar, *Advanced Training in Mind/Body Medicine*; focus on Cognitive Restructuring for clinical application.

2001 -- EMDR. Clinical Applications: EMDR in the Treatment of Panic, Phobia, and OCD.

2001 -- Harvard Medical School, *Science and Mind/Body Medicine.* Research symposium

exploring the changing scientific paradigms of mind/body interactions.

2001 -- American Society of Clinical Hypnosis – Advanced Training – Applications of

Clinical Hypnosis in Cancer Management.

2003 -- The Society for Clinical and Experimental Hypnosis. Scientific Program for

Professionals -- Hypnosis with Oncology Patients.

2005 -- Mindfulness-based Stress Reduction in Mind Body Medicine Training Workshop

with John Kabat-Zinn, Center for Mindfulness in Medicine, Health Care, and Society at the University of Massachusetts Medical School.

2007 -- EMDR: Integration with Mindfulness, to be used with depressed, anxious, and

chronic pain patients. Completion of Certified Program.

2012 --- Cognitive-Behavioral Therapy for Insomnia (Completion of Training by Harvard Developer)

***PUBLICATIONS AND PROFESSIONAL PRESENTATIONS/ABSTRACTS:***

Block KI, Gyllenhaal C, Lowe L, Amedei A, Amin AR, Amin A, Aquilano K, Arbiser J, Arreola A, Arzumanyan A, Ashraf SS, Azmi AS, Benencia F, Bhakta D, Bilsland A, Bishayee A, Blain SW, Block PB, Boosani CS, Carey TE, Carnero A, Carotenuto M, Casey SC, Chakrabarti M, Chaturvedi R, Chen GZ, Chen H, Chen S, Chen YC, Choi BK, Ciriolo MR, Coley HM, Collins AR, Connell M, Crawford S, Curran CS, Dabrosin C, Damia G, Dasgupta S, DeBerardinis RJ, Decker WK, Dhawan P, Diehl AM, Dong JT, Dou QP, Drew JE, Elkord E, El-Rayes B, Feitelson MA, Felsher DW, Ferguson LR, Fimognari C, Firestone GL, Frezza C, Fujii H, Fuster MM, Generali D, Georgakilas AG, Gieseler F, Gilbertson M, Green MF, Grue B, Guha G, Halicka D, Helferich WG, Heneberg P, Hentosh P, Hirschey MD, Hofseth LJ, Holcombe RF, Honoki K, Hsu HY, Huang GS, Jensen LD, Jiang WG, Jones LW, Karpowicz PA, Keith WN, Kerkar SP, Khan GN, Khatami M, Ko YH, Kucuk O, Kulathinal RJ, Kumar NB, Kwon BS, Le A, Lea MA, Lee HY, Lichtor T, Lin LT, Locasale JW, Lokeshwar BL, Longo VD, Lyssiotis CA, MacKenzie KL, Malhotra M, Marino M, Martinez-Chantar ML, Matheu A, Maxwell C, McDonnell E, Meeker AK, Mehrmohamadi M, Mehta K, Michelotti GA, Mohammad RM, Mohammed SI, Morre DJ, Muralidhar V, Muqbil I, Murphy MP, Nagaraju GP, Nahta R, Niccolai E, Nowsheen S, Panis C, Pantano F, Parslow VR, Pawelec G, Pedersen PL, Poore B, Poudyal D, Prakash S, Prince M, Raffaghello L, Rathmell JC, Rathmell WK, Ray SK, Reichrath J, Rezazadeh S, Ribatti D, Ricciardiello L, Robey RB, Rodier F, Rupasinghe HP, Russo GL, Ryan EP, Samadi AK, Sanchez-Garcia I, Sanders AJ, Santini D, Sarkar M, Sasada T, Saxena NK, Shackelford RE, Shantha Kumara HM, Sharma D, Shin DM, Sidransky D, Siegelin MD, Signori E, Singh N, Sivanand S, Sliva D, Smythe C, Spagnuolo C, Stafforini DM, Stagg J, Subbarayan PR, Sundin T, Talib WH, Thompson SK, Tran PT, Ungefroren H, Vander Heiden MG, Venkateswaran V, Vinay DS, Vlachostergios PJ, Wang Z, Wellen KE, Whelan RL, Yang ES, Yang H, Yang X, Yaswen P, Yedjou C, Yin X, Zhu J, Zollo M. Designing a broad-spectrum integrative approach for cancer prevention and therapy. *Seminars in Cancer Biology* 2015; 35: S276-S304.

Block KI, Block PB, Gyllenhaal C. Integrative therapies in cancer: modulating a broad

spectrum of targets for cancer management*. Integrative Cancer Therapies*. 2015; 14(2):113-8

Block PB. Critical Role of Mind in Medicine. Alameda Healthcare, Pasadena, CA. Invited presentation. November 2015.

Block PB. Countering the Distress of Unclear Tomorrows: From Mind to Molecules. Invited presentation. Wellness House, Hinsdale, IL. October 2015.

Block, PB. The Key Role of Bio-Behavioral Program to Effective Cancer Treatment & Medical Outcome. Invited presentation. Annual Annie Appleseed Conference. May 2014.

Block, PB. The Key Role of Bio-Behavioral Program in Effective Cancer Treatment & Medical Outcome. Huntsman Cancer Institute. Invited presentation. Salt Lake City, UT. June 2014.

Block, PB. Critical Role of Biobehavioral Program to Genuine Health: From Mind to Molecules in Medicine. Invited presentation. The Cancer Hallmarks: Halifax Project. August 2013.

Block, PB. The Role of Pscyho-Oncology in Effective Medical Outcome. Commonweal Cancer Advocacy Conference. Invited presentation. San Francisco, CA. October 2012.

Hart J, Block PB, Day K, Schnipper HH. Addressing the psychosocial needs of cancer survivors. *Altern and Comp Ther.* 2010; 16(4):-207.

Block KI, Block PB, Fox SR et al. Making circadian cancer therapy practical. *Integr Cancer Ther*. 2009;8(4):371-86.

Block KI, Gyllenhaal C, Tripathy D, Freels S, Mead MN, Block PB, Steinmann WC,

Newman RA, Shoham J. Survival impact of integrative cancer care in advanced

metastatic breast cancer. *Breast J*. 2009;15(4):357-66.

Block, PB. Towards Enhanced Accord between Patient & Doctor Disease Models: The Perception of Cancer among Recently Diagnosed Patients. Poster Presentation, Society for Integrative Oncology. November 2008

Block KI, Block PB. Integrative Medicine: Improving Collaboration between Cancer

Care Centers and Referring Doctors. Invited presentation. Osher Center for Integrative

Medicine; University of California at San Francisco. February 01, 2007.

Block PB. Mind, Body and Spirit. Invited presentation. 6th Annual Colon Cancer

Alliance conference, Oakbrook, Illinois, September 17, 2006.

Block KI, Block PB. Integrative Oncology: The Block Approach to Integrative

Cancer Care Biology and Implementation in Clinical Practice. Invited presentation,

Program in Integrative Medicine, (PIM); University of Arizona in Tucson, Arizona,

May 18, 2006.

Block PB. Alternative, Complementary, and Integrative Medicine in a Conventional

Setting. In Gehlert, S. & Browne, T. (eds.) *Handbook of Health Social Work*. Wiley

Publishers: Hoboken, NJ.

Stouffer J, Block PB, Koch A, Feng A, Gyllenhaal C, de la Torre M, Tothy P,

Nathan D, Block KI. Correlations between Circadian Rhythms and Quality of Life in

Cancer Patients. Presented at the 3rd Annual Meeting of the Society for Integrative

Oncology, Boston MA, November 9-11, 2006. Abstract F068.

Block KI, Reynolds S, Gyllenhaal C, Block PB, de la Torre M, Nathan D. Clinical

Experiences with Chronotherapy of Advanced Colon Cancer in the Integrative Care

Setting. Poster presentation, 2nd Annual Meeting of the Society for Integrative

Oncology, San Diego, CA, November 10-12, 2005.

Block KI, Block PB. Surviving Cancer: Combating Colon Cancer with an

Individualized Integrative Program of Care. Invited Presentation. Colon Cancer

Alliance, 5th Annual Colorectal Cancer Conference: *Finding HOPE; Wyndham*

*Newark Airport Hotel, Newark, New Jersey.* October 1, 2005.

Block PB. Presentation Teleconference for Living Beyond Breast Cancer on lifestyle

changes to enhance health: the science and practical implementation, July, 2004.

Block KI, Block PB, Gyllenhaal C. The Role of Optimal Healing Environments in

Patients Undergoing Cancer Treatment: Clinical Research Protocol Guidelines,

*Journal of Alternative and Complementary Medicine,* 2004; 10 (supplement 1); S-

157-170*.*

Block KI, Block PB, Gyllenhaal C. Integrative Cancer Care and the Optimal Healing

Environments. Poster presentation, 1st Annual Meeting of the Society for Integrative

Oncology, New York, NY. November 17-19, 2004.

De la Torre M, Gupta SK, Vogelzang N, Pandha H, Rubin D, Block PB, Block KI.

Integrative Tumor Board: Metastatic Renal Cell Carcinoma. *Integrative Cancer*

*Therapies.* 2004; 3 (1): 24-46*.*

Lechner SC, Zakowski SG, Antoni MH, Greenhawt M, Block K, Block P. Do

sociodemographic and disease-related variables influence benefit finding in cancer

patients? *Psycho-Oncology.* 2003; 12 (5): 491-499.

Knaus JV, Bugno T, Nathan D, Lagomarcino N, Labriola D, Block PB, Alvarado C,

Chamness A, Block KI. Integrative Tumor Board: Recurrence of Ovarian Cancer,

*Integrative Cancer Therapies,* 2002; 1 (4): 392-416*.*

Block KI, Gyllenhaal C, Block PB. Living with Cancer: A Study of Long-Term

Survivors, Presented at: Adjuvant Nutrition in Cancer Treatment, Tampa, Florida,

sponsored by The American College of Nutrition and The Cancer Treatment

Research Foundation, September, 1995. Prepared for *NOHA News*, 20 (1). Nutrition

for Optimal Health, Winnetka, Illinois.

Block KI. Gyllenhaal C, Block PB. Living with Cancer: A Pilot Study of Long-Term Survivors*,* [Prepared for "The Doctor's Corner" in NOHA News.] *A publication of Nutrition for Optimal Health Association , Inc*. 1995; XX (1).

Block KI, Gyllenhaal C, Block PB. Dietary Change and Lifestyle Factors in Patients

Surviving Advanced Malignancies, In Quillin, P, ed., *Adjuvant Nutrition in Cancer*

*Treatment Proc.,* Symposium on Adjuvant Nutrition in Cancer Treatment, March 17-

19, 1994. San Diego, CA. Cancer Treatment Centers of America.

1994 Block PB. *A Banquet of Health.* Evanston Publishing Inc.; Evanston, Illinois, 1994.

***TEACHING:***

2006 - 2009 “The Place of Mind in Medicine.” Medical Biochemistry, University of Illinois at Chicago College of Medicine

***PROFESSIONAL SERVICE AND ORGANIZATIONS****:*

Associate Editor, *Integrative Cancer Therapies*, Sage Science Press (2002-present).

Certified EMDR Therapist.

Associate Member, American Psychological Association (APA).

Associate Member, American Association of Cancer Research (AACR)

Member, EMDRIA

Member, Society for Integrative Oncology (SIO)

Member, APOS

Member, IPOS

Member, Psychosomatic Society