**Folder Inserts 4**\_d4

Huron Regional Med. Ctr. – Women’s Wellness Center

**FOLDER INSERT #1***– Obstetrics – 357 words*

EYEBROW: Obstetrics

HEADLINE: ***Supporting your obstetric needs through every phase of family planning, pregnancy and delivery***

When you and your partner decide to start a family, you begin a brand new, exciting phase of life. A positive pregnancy test changes everything in an instant and your mind fills with happiness, hope and excitement for what the future will bring. You need a partner that will walk alongside you during those crucial first few weeks to make sure you’re healthy and your baby is growing well. You also need someone who is prepared to treat any potential challenges along the way. Our board-certified OB/GYN doctors provide full pregnancy care, from conception through delivery and beyond. Our all-female doctors and staff are sensitive to your needs and will help create a personalized pregnancy and birth plan that best fits your unique situation..

***Experienced care for high-risk pregnancies***

In addition to general obstetrical services, the Women’s Wellness Center specializes in caring for women with high-risk pregnancies right here in Huron, SD. Women who suffer from pre-existing medical conditions like diabetes, high blood pressure, thyroid disorders, heart disease or cancer, are at a heightened risk for complications like preeclampsia, anemia, seizures or stroke. It is our mission to provide exceptional physical, emotional and mental support and help you enjoy a safe pregnancy and delivery.

***Providing a unique support network during your pregnancy***

We are the only practice in Huron, SD offering the innovative CenteringPregnancy prenatal care program. Our new program brings together women (due at about the same time) out of exam rooms and into a comfortable group setting. Together, healthcare providers and pregnant women take time to invest in each other’s well-being, health and the health of their babies. The CenteringPregnancy program provides a safe place for women to learn about nutrition, breast-feeding and at-home tips after the baby arrives.

***Compassionate, personal, and safe pregnancy care in Huron, SD***

We are ready to help you and your baby feel good and be healthy. Our board-certified physicians have more than 30 years’ combined experience specializing in obstetrics, something you won’t find anywhere else in Huron, SD. We are dedicated to providing leading-edge healthcare solutions to help you achieve and maintain optimal health throughout your pregnancy and beyond.

**Contact us today to schedule your obstetric appointment!  
Call 605-554-1020**

**FOLDER INSERT #2***– Gynecology – 320 words*

EYEBROW: Gynecology

HEADLINE: ***Enjoy a long and healthy life with innovative, compassionate gynecologic care***

We are Huron, South Dakota’s premier Women’s Wellness Center offering comprehensive and convenient women’s healthcare. We are dedicated to providing thorough explanations regarding your medical conditions and the procedures we’ll use to treat them. We believe this practice not only educates, but also empowers you to make the best health care decisions for your life. You deserve to enjoy every stage of your life and we’re passionate about helping you achieve optimal gynecologic health so you can.

***Offering complete well-woman and gynecological care***

* First gynecologic visit for teens
* Annual well-woman exams
* Contraceptive counseling
* Prenatal obstetrical visits
* Blood pressure & cholesterol screening
* Mammogram screening
* Colorectal screening
* Cervical cancer screening
* Sexually transmitted infection counseling & screening
* Immunizations
* Menopause management
* Osteoporosis prevention & initial treatment

***High-quality, personal therapy you won’t find anywhere else in Huron, SD***

Dr. Castellanos provides in-house osteopathic manipulative treatment (OMT) to help ease pain, promote self-healing and increase overall mobility. This manual therapy is used to help women improve their whole-body wellness through strengthening techniques aimed at improving range of motion and relieving pain from arthritis, or osteoporosis.

***Caring, safe and individualized whole-woman care in Huron, SD***

Your needs are specific and unique—and you deserve exceptional attention and individualized, state-of-the-art gynecologic care. We are ready to help you feel good and be healthy. Our board-certified physicians have more than 30 years’ combined experience specializing in gynecology, something you won’t find anywhere else in Huron, SD. We are dedicated to providing the most innovative healthcare solutions to help you achieve and maintain your optimal health throughout every stage of your life.

**Call today for compassionate gynecologic care close to home.  
Call 605-554-1020**