



## Comprehensive Caring for Women

Caring for your mind, body and spirit  
through every stage of your life.

[Schedule an Appointment](#)

At Women's Wellness Center, we are women who care for women. We believe in wellness for the "whole patient," and we've created a comprehensive, high-quality center of care so you can visit us for complete women's care and good health through all stages of your life.

### ABOUT WOMEN'S WELLNESS CENTER

#### Genuine caring with a specialist's touch

Looking for the high-level Women's Health care only board-certified OB/GYN specialists can offer? Then you're in good hands at Women's Wellness Center. Our doctors are true OB/GYN specialists—and women. We combine up-to-date knowledge, in-depth experience and genuine caring and understanding to ensure you get the...right tests, accurate diagnoses, effective treatment, comprehensive support, and optimal health throughout your lifetime.

[Learn More About Us](#)



Specializing in Women's Health makes a difference for you

### OUR OB/GYN SPECIALISTS



Sara Castellanos, DO



Elyse Brock, MD

#### Highly trained, credentialed doctors focused on your needs.

Our board-certified obstetrician-gynecologists, Dr. Sara Castellanos and Dr. Elyse Brock, provide the advanced, individualized and compassionate Women's Health care all women need and deserve for a lifetime of good health. From credentials to commitment, discover how our doctors dedicate themselves to your best health.

[Meet Our Ob/Gyn Specialists](#)

### GYNECOLOGIC CARE

#### Live a long, healthy life with comprehensive Well-Woman care and advanced solutions

At Women's Wellness Center, we're passionate about your well-being and good health. Taking a whole-woman approach in a safe, supportive environment, we combine our understanding as women with our expertise as specialists to handle all your Well-Woman and gynecologic needs. From teens' first GYN visits to pregnancy and childbirth to menopause and beyond, we provide high-quality care and leading-edge treatments...and the support



[Discover Specialized, Comprehensive GYN Care](#)



### INFERTILITY CARE & FAMILY PLANNING



#### Turn your dream of having a baby into reality

Deciding to start a family can be one of life's most exhilarating experiences. Yet, we know that getting pregnant can have its challenges. At Women's Wellness Center, we help you overcome these challenges with infertility testing, counseling and initial treatment. Today, treatment options for infertility are more numerous and more effective than ever. If you need a little help getting pregnant, we're ready. And we'll be by your side every step of the way.

[Learn About Our Fertility Services](#)

### MINIMALLY INVASIVE TREATMENT & SURGERY

#### Get relief and resolution with less impact and better outcomes.

As residency-trained and board-certified OB/GYN specialists, our doctors provide state-of-the-art solutions to resolve your problem...safely, quickly and with the minimal impact possible. We're dedicated to staying on the leading-edge of treatment and offering the most advanced, least-invasive procedures to reduce risk, incision, pain, recovery time and scarring. When surgery is necessary, we'll help you get the highest-quality care—and best outcomes—possible.

[Learn More About Minimally Invasive Treatment](#)

### CENTERING PREGNANCY



#### Enhance your pregnancy experience (and outcome) with innovative prenatal care

Research shows that when expecting moms go through their pregnancies together as a group, healthier babies can result. That's why we're proud to be the only provider in Huron to offer the CenteringPregnancy program. In addition to a lot of private time with the doctor, you get to meet new moms, make new friends and get essential information in a comfortable, safe and welcoming group setting. The program focuses on nutritional education, breast-feeding information and tips for after the baby arrives. Sometimes, just knowing you're not alone can make a positive difference.

[How Does CP Help Me & My Baby?](#)

### OSTEOPATHIC THERAPY



#### Ease pain, release tension and increase flexibility with specialized therapy

To help ease pain, promote self-healing and increase overall mobility, Dr. Castellanos provides a unique service that goes beyond standard OB/GYN practice. A doctor of osteopathy, she is an expert in osteopathic manipulative treatment (OMT) a safe, effective, nonsurgical option that can often complement, and sometimes replace, medication or surgery for a variety of conditions.

[How Can OMT Help Me?](#)

#### To Request an Appointment Call 000-000-0000

Or Use Our Easy Online Contact Form

Name

Email

Phone Number

Best Dates/Times\*

[Please Contact Me](#)

\*We'll contact you shortly to confirm an appointment time convenient to your schedule.

#### CONTACT

Phone: 000-000-0000

Fax: 000-000-0000

#### ADDRESS

142 3rd St. SE, Suite 2  
Huron, SD 57350  
(A block and a half east of Dakota Ave. on Third Street.)

Directions

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