**11 Well-Woman Care**\_d2

Women’s Wellness Center

**URL:**

huronobgyn.com

**Title** (45 characters):

Well-Woman Services | Women’s Wellness Center

**Description** (155 characters):

The doctors at Women’s Wellness Center provide well-woman exams and services to women in the Huron, SD area. For more information, call us at 000-000-0000.

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**Well-Woman Care with a Whole Woman Approach in Huron, SD**

## At Women’s Wellness Center, we recommend that you have a well-woman visit every year. And, because our doctors are board-certified OB/GYN specialists who take a whole-woman approach, we make sure your annual exam is focused on you and your reproductive health—and on your body as a whole. Experience tells us that this type of preventive care can keep a woman healthy through every stage of her life.

## Prevention starts when a woman is young…

We often start well-woman care when our patients are teenagers as young as 13 or 14. At this age, your visit may start with a talk with your doctor about your health, your medical history, your family's medical history and what’s going on in your life. During your visit, you’ll also be given a regular physical exam.

This might be a good time to talk about your period and answer any questions you may have about your physical health. The doctor may recommend some tests or even give you a vaccine injection. This can also be a good time to start discussing birth control and other sex-related issues.

## ... And continues through every stage of life

For older patients, well-women care can include pelvic exams, Pap tests, breast exams and mammograms in addition to a basic medical history and physical exam. The conversations you have with your doctor during these visits might focus on your reproductive health and your emotional health, as well as on physical issues such as:

* Menstruation
* Medical conditions related to your vagina or vulva
* Other medical conditions
* Sexually activity
* Birth control
* Pregnancy
* Sexually transmitted diseases
* Menopause
* Aging processes
* Alcohol, drug use or smoking
* Allergies and infections
* Any surgery you might have had or might need

During your well-woman exam, it’s important to ask all the questions that you can think of and get as much information as you need. The goal is make sure you are as healthy as you can be, today and tomorrow.

**We strive for an in-depth understanding of you and your health**

At Women’s Wellness Center, we take time to understand you and to get a clear, full picture of your health. When you leave our office, we want you to know everything you need to know. And, as always, we’re here to answer any questions you may have.

To schedule a well-woman exam with one of Huron’s only true Women’s Health specialists, call 000-000-0000 or request an appointment using our convenient [online form](http://huronobgyn.com/contact/).

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