Serving the Huron Region of South Dakota

Call <u>605-412-2285</u>

Our Doctors

From puberty to pregnancy to menopause, trust the

Huron's Specialized, All-Female OB/GYN Care Is

Gynecologic Care

WOMEN'S WELLNESS CENTER

Obstetrics • Gynecology • Infertility • Osteopathy

Here for You...Through Every Stage of Your Life

Women's Wellness Center for advanced, comprehensive and compassionate care.

 Comprehensive well-woman & gynecologic care

Caring all-female clinical staff & doctors

Huron's only OB/GYN specialists

- Complete obstetric care, including traditional, high-risk and group
- (CenteringPregnancy) prenatal care Advanced, minimally invasive treatments & surgery
- Focused on patient education & support

Request Appointment



beyond, Women's Wellness Center provides Huron's only board-

WHY SPECIALTY OB/GYN?

certified specialty OB/GYN care. So that you and your baby can be as healthy as possible, our doctors combine OB/GYN

residency training and board-certified expertise with personal

From puberty, to pregnancy and childbirth, to menopause and

Get Specialized Care for Your Unique Health Needs

understanding and heartfelt compassion.

spectrum of gynecologic care. From that first exam during puberty

GYNECOLOGIC CARE

advanced, comprehensive capabilities and services, including:

to menopause and beyond, we're here on your behalf with

Stay Healthy Through Life's Transitions with

Dedicated to improving the health of all women, we offer the full

Complete GYN Diagnosis and Treatment

 Well-woman exams & preventive care Birth control & family planning Infertility evaluation & treatment Pap smears & other cancer screenings

• Evaluation of abnormal Pap smears (colposcopy) & treatment

- Evaluation of abnormal & postmenopausal bleeding
- (endometrial biopsy)
- Procedures for pelvic pain, endometriosis, fibroids & heavy or painful periods
- Hysteroscopy Hysterectomy
- Endometrial ablation (NovaSure[®]) Bladder leakage evaluation & treatment

Minimally invasive surgery & in-office procedures

- Hormone therapy
- Menopause management
- Osteoporosis prevention & treatment

Sterilization surgery (tubal ligation)

- Treatment of vaginal & pelvic-organ prolapse Relief of sexual discomfort/pain

reassure you, provide top-quality care and give you the compassionate support you deserve. At Women's Wellness Center, you can trust that our physicians have the

Lactation services & support

PREGNANCY CARE

Experts in Your Corner

Family planning, pre-conception counseling & prenatal care

Routine OB visits, including doctor-performed ultrasounds

CenteringPregnancy program for healthy babies

expertise and experience to handle all aspects of obstetrics, including:

Have a Beautiful, Healthy Baby with the Pregnancy

Whether it's for a "normal" or high-risk pregnancy, let us be your trusted

partner through your pregnancy journey. Every pregnancy is as unique,

memorable and important as the baby it brings. That's why we're here to

Postpartum care, education & support

- Osteopathic treatments for relief of pain and other effects of pregnancy Advanced care for high-risk pregnancies Labor & delivery

OUR DOCTORS

Meet Huron's Only Board-Certified Women's Health Specialists

Dr. Sara Castellanos and Dr. Elyse Brock are board-certified obstetrician-

compassionate Women's Health care for a lifetime of good health. Meet

gynecologists providing women advanced, individualized and

Huron's only truly specialized Women's Health doctors.

Sara Castellanos, DO Obstetrician-Gynecologist, Founder "I am a wife and mother, so I completely understand the physical and emotional challenges women face every day. It is my life's work to help women maintain their own health and awareness through empowerment and education. I'm most passionate about getting to know the person —not just the medical history. I believe in looking at, and understanding, the whole person before making a diagnosis or recommending treatment."

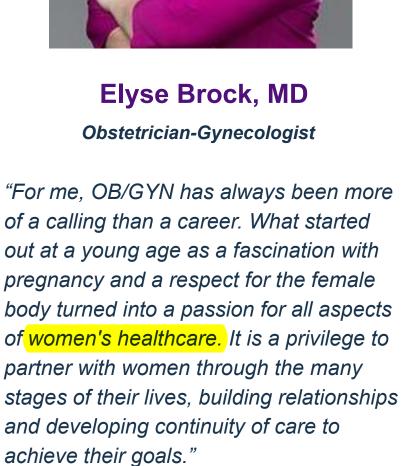
Board-Certified: American Osteopathic

Board of Obstetrics & Gynecology **Residency:** Obstetrics & Gynecology, Henry Ford Health System Residency Hospital, Michigan State University, Detroit, MI

Biosciences, College of Osteopathic Medicine, Kansas City, MO **MBA:** Healthcare Leadership, Rockhurst

University, Kansas City, MO

DO: Kansas City University of Medicine &



Board-Certified: American Board of Obstetrics & Gynecology Residency: Obstetrics & Gynecology,

University of Iowa Hospitals and Clinics,

Iowa City, IA

MD: University of Minnesota Medical School, Minneapolis, MN

For Good Health through Every Stage of Your Life,

Count on Huron's Women's Health Specialists!

Call <u>605-412-2285</u> today!

REQUEST AN APPOINTMENT



Huron Regional Medical Center

Huron, SD 57350 (A block and a half east of Dakota Ave.)