

## WOMEN'S WELLNESS CENTER

Obstetrics • Gynecology • Infertility • Osteopathy

Serving the Huron Region of South Dakota

**Call 605-412-2285**

## Huron's Specialized, All-Female OB/GYN Care Is Here for You...Through Every Stage of Your Life

From puberty to pregnancy to menopause, trust the Women's Wellness Center for advanced, comprehensive and compassionate care.

- Huron's only OB/GYN specialists
- Caring all-female clinical staff & doctors
- Comprehensive well-woman & gynecologic care
- Complete obstetric care, including traditional, high-risk and group (CenteringPregnancy) prenatal care
- Advanced, minimally invasive treatments & surgery
- Focused on patient education & support

**Request Appointment**



### WHY SPECIALTY OB/GYN?

*Get Specialized Care for Your Unique Health Needs*

From puberty, to pregnancy and childbirth, to menopause and beyond, Women's Wellness Center provides Huron's only board-certified specialty OB/GYN care. So that you and your baby can be as healthy as possible, our doctors combine OB/GYN residency training and board-certified expertise with personal understanding and heartfelt compassion.

### GYNECOLOGIC CARE

*Stay Healthy Through Life's Transitions with Complete GYN Diagnosis and Treatment*

Dedicated to improving the health of all women, we offer the full spectrum of gynecologic care. From that first exam during puberty to menopause and beyond, we're here on your behalf with advanced, comprehensive capabilities and services, including:

- Well-woman exams & preventive care
- Birth control & family planning
- Infertility evaluation & treatment
- Pap smears & other cancer screenings
- Evaluation of abnormal Pap smears (colposcopy) & treatment
- Evaluation of abnormal & postmenopausal bleeding (endometrial biopsy)
- Procedures for pelvic pain, endometriosis, fibroids & heavy or painful periods
- Hysteroscopy
- Hysterectomy
- Endometrial ablation (NovaSure®)
- Bladder leakage evaluation & treatment
- Minimally invasive surgery & in-office procedures
- Sterilization surgery (tubal ligation)
- Menopause management
- Hormone therapy
- Osteoporosis prevention & treatment
- Treatment of vaginal & pelvic-organ prolapse
- Relief of sexual discomfort/pain

### PREGNANCY CARE

*Have a Beautiful, Healthy Baby with the Pregnancy Experts in Your Corner*

Whether it's for a "normal" or high-risk pregnancy, let us be your trusted partner through your pregnancy journey. Every pregnancy is as unique, memorable and important as the baby it brings. That's why we're here to reassure you, provide top-quality care and give you the compassionate support you deserve.

At Women's Wellness Center, you can trust that our physicians have the expertise and experience to handle all aspects of obstetrics, including:

- Family planning, pre-conception counseling & prenatal care
- Routine OB visits, including doctor-performed ultrasounds
- CenteringPregnancy program for healthy babies
- Osteopathic treatments for relief of pain and other effects of pregnancy
- Advanced care for high-risk pregnancies
- Labor & delivery
- Lactation services & support
- Postpartum care, education & support

### OUR DOCTORS

*Meet Huron's Only Board-Certified Women's Health Specialists*

Dr. Sara Castellanos and Dr. Elyse Brock are board-certified obstetrician-gynecologists providing women advanced, individualized and compassionate Women's Health care for a lifetime of good health. Meet Huron's only truly specialized Women's Health doctors.



**Sara Castellanos, DO**

*Obstetrician-Gynecologist, Founder*

*"I am a wife and mother, so I completely understand the physical and emotional challenges women face every day. It is my life's work to help women maintain their own health and awareness through empowerment and education. I'm most passionate about getting to know the person —not just the medical history. I believe in looking at, and understanding, the whole person before making a diagnosis or recommending treatment."*

**Board-Certified:** American Osteopathic Board of Obstetrics & Gynecology

**Residency:** Obstetrics & Gynecology, Henry Ford Health System Residency Hospital, Michigan State University, Detroit, MI

**DO:** Kansas City University of Medicine & Biosciences, College of Osteopathic Medicine, Kansas City, MO

**MBA:** Healthcare Leadership, Rockhurst University, Kansas City, MO



**Elyse Brock, MD**

*Obstetrician-Gynecologist*

*"For me, OB/GYN has always been more of a calling than a career. What started out at a young age as a fascination with pregnancy and a respect for the female body turned into a passion for all aspects of women's healthcare. It is a privilege to partner with women through the many stages of their lives, building relationships and developing continuity of care to achieve their goals."*

**Board-Certified:** American Board of Obstetrics & Gynecology

**Residency:** Obstetrics & Gynecology, University of Iowa Hospitals and Clinics, Iowa City, IA

**MD:** University of Minnesota Medical School, Minneapolis, MN

*For Good Health through Every Stage of Your Life, Count on Huron's Women's Health Specialists!*

Call **605-412-2285** today!

Or request an appointment using our form:

**REQUEST AN APPOINTMENT**



#### WOMEN'S WELLNESS CENTER

**Huron Regional Medical Center**

142 3rd St. SE, Suite 2  
Huron, SD 57350  
(A block and a half east of Dakota Ave.)