Obstetrics • Gynecology • Infertility • Osteopathy Call <u>605-412-2285</u>

Huron's Specialized, All-Female OB/GYN Care Is Here for You....Through Every Stage of Your Life

Gynecologic Care

WOMEN'S WELLNESS CENTER

From puberty to pregnancy to menopause, trust the Women's Wellness Center for advanced, comprehensive and compassionate care.

Our Doctors

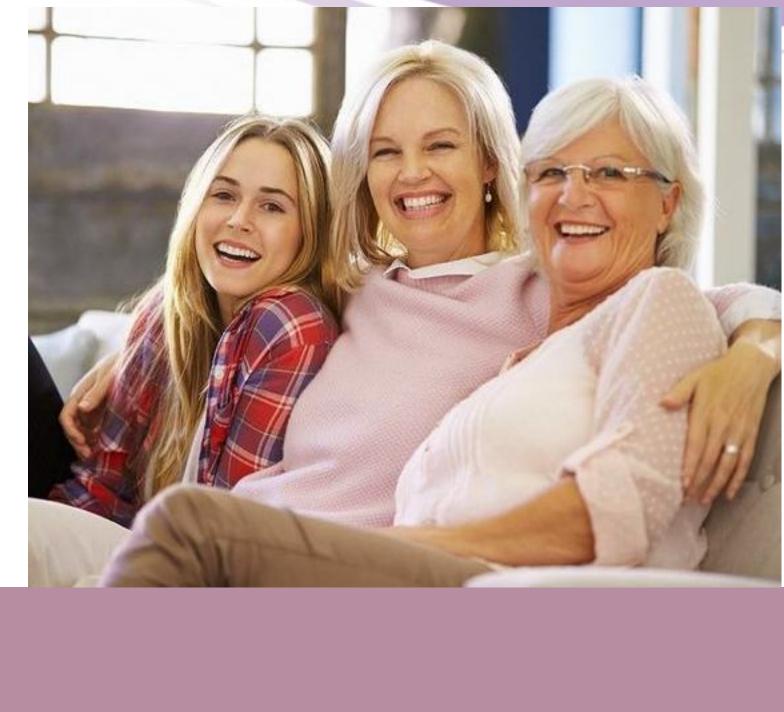
Serving the Huron Region of South Dakota

 Comprehensive well-woman & gynecologic care

Huron's only OB/GYN specialists

Caring all-female clinical staff & doctors

- Complete obstetric care, including traditional, high-risk and group
- (CenteringPregnancy) prenatal care Advanced, minimally invasive treatments & surgery
- Focused on patient education & support
- **Request Appointment**



different from men's needs... and unique to you. So, like for

WHY SPECIALTY OB/GYN?

cardiac problems, retinal disease or gastrointestinal concerns, you

need specialized attention and treatment for your GYN and OB

As a woman, your health needs change over time. They're also

Get Specialized Care for Your Unique Health Needs

needs in order to get the best care and outcomes. From puberty, to pregnancy and childbirth, to menopause and beyond, Women's Wellness Center provides Huron's only boardcertified specialty OB/GYN Care. Our doctors combine residency training and board-certified expertise with personal understanding and genuine compassion. This means we have the skill,

knowledge, capabilities and commitment to handle all your Women's Health needs, including gynecology, routine pregnancy, high-risk pregnancy and even challenging or complex issues.

Dedicated to improving the health of all women, we offer the full spectrum of gynecologic care. From that first visit during puberty to

GYNECOLOGIC CARE

comprehensive capabilities and services, including:

 Well-woman exams & preventive care Birth control & family planning Infertility evaluation & treatment Pap smears & other cancer screenings

• Evaluation of abnormal Pap smears (colposcopy) & treatment

menopause and beyond, we're here on your behalf with advanced,

- Evaluation of abnormal & postmenopausal bleeding (endometrial biopsy)
- painful periods
- Endometrial ablation (NovaSure®)
- Bladder leakage evaluation & treatment
- Hormone therapy

Menopause management

- Treatment of vaginal & pelvic-organ prolapse Relief of sexual discomfort/pain

Stay Healthy Through Life's Transitions with Complete GYN Diagnosis and Treatment

- Procedures for pelvic pain, endometriosis, fibroids & heavy or
- Hysteroscopy Hysterectomy
- Minimally invasive surgery & in-office procedures Sterilization surgery (tubal ligation)
- Osteoporosis prevention & treatment

reassure you, provide top-quality care and give you the compassionate support you deserve. At Women's Wellness Center, you can trust that our physicians have the

pregnancy

Labor & delivery

PREGNANCY CARE

Experts in Your Corner

 Family planning, pre-conception counseling & prenatal care Routine OB visits, including doctor-performed ultrasounds

Osteopathic treatments for relief of pain and other effects of

Have a Beautiful, Healthy Baby with the Pregnancy

Whether it's for a "normal" or high-risk pregnancy, let us be your trusted

partner through your pregnancy journey. Every pregnancy is as unique,

expertise and experience to handle all aspects of obstetrics, including:

memorable and important as the baby it brings. That's why we're here to

 Lactation services & support Postpartum care, education & support

CenteringPregnancy program for healthy babies

Advanced care for high-risk pregnancies

OUR DOCTORS Meet Huron's Only Board-Certified Women's Health Specialists

Dr. Sara Castellanos and Dr. Elyse Brock are board-certified obstetrician-

compassionate Women's Health care for a lifetime of good health. Meet

gynecologists providing women advanced, individualized and

Huron's only specialized Women's Health doctors.

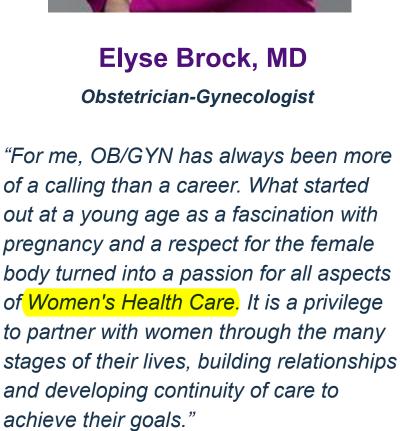
Sara Castellanos, DO Obstetrician-Gynecologist, Founder "I am a wife and mother, so I completely understand the physical and emotional challenges women face every day. It is my life's work to help women maintain their own health and awareness through empowerment and education. I'm most passionate about getting to know the person —not just the medical history. I believe in looking at, and understanding, the whole

recommending treatment." **Board-Certified:** American Osteopathic Board of Obstetrics & Gynecology

person before making a diagnosis or

Residency: Obstetrics & Gynecology, Henry Ford Health System Residency Hospital, Michigan State University, Detroit, MI **DO:** Kansas City University of Medicine &

University, Kansas City, MO



Board-Certified: American Board of Obstetrics & Gynecology

Iowa City, IA

MD: University of Minnesota Medical School, Minneapolis, MN

Residency: Obstetrics & Gynecology,

University of Iowa Hospitals and Clinics,

Biosciences, College of Osteopathic Medicine, Kansas City, MO **MBA:** Healthcare Leadership, Rockhurst

Call <u>605-412-2285</u> today!

For Good Health Through Every Stage of Your Life,

Count on Huron's Women's Health Specialists!

REQUEST AN APPOINTMENT

Or request an appointment using our form:



Huron Regional Medical Center

142 3rd St. SE, Suite 2 Huron, SD 57350 (A block and a half east of Dakota Ave.)