

GYNECOLOGIC SERVICES

WELL WOMAN CARE AND HEALTH MAINTENANCE GYN/PELVIC CONDITIONS

Annual Health Assessment

Birth Control

- Nexplanon placement
- Intrauterine device (IUD), Mirena & Paragard
- Oral Contraceptives
- Tubal Ligation, including Essure

Gardasil HPV vaccine counseling

Sexually Transmitted Diseases (STD)

Routine/Abnormal Pap smears

Premenstrual Dysphoric Disorder

Menopausal Issues

Postmenopausal Support

Osteoporosis

Breast/Cervical Cancer Screening

Cholesterol/Lipid Screening

Abnormal bleeding*

Abnormal pap smear*

Bladder-control problems*

Endometriosis*

Fibroids*

HPV Screening

Infertility*

Fertility Evaluation & Optimization

Irregular Periods*

Ovarian cysts*

Painful, heavy periods*

Painful intercourse

Pelvic adhesions, polyps*

Pelvic Pain*

Pelvic Floor Relaxation*

Pelvic Organ Prolapse*

Recurrent Pregnancy Loss*

Postmenopausal Support

*Minimally Invasive Surgical Treatment Options available

MINIMALLY INVASIVE SURGICAL OPTIONS

Drs. Castellanos and Brock are experts in laparoscopic and other advanced, minimally invasive surgical procedures that spare women costly hospitalization and unsightly incisions, while also providing far faster, less painful recovery than traditional surgery.

OSTEOPATHIC MANIPULATIVE MEDICINE

Dr. Castellanos
Osteopathic manipulative treatment (OMT) is an advanced form of hands-on treatment to help diagnose, treat and prevent illnesses and injury, while encouraging the body's natural tendency toward good health. By combining all other available medical options with OMT, osteopathic care offers the most comprehensive care available in medicine today.

please integrate along with my additional year of training