

OSTEOPATHIC TREATMENT

A specialized, patient-focused approach to enhancing OB/GYN care



As part of the Women's Wellness Center's commitment to your best health, we integrate osteopathic treatment to complement (and sometimes replace) other medical therapies.

Osteopathic treatment is safe, effective and good medicine

Osteopathic medicine combines the best of modern medicine with hands-on manipulative techniques designed to promote a high level of wellness. Doctors of osteopathic medicine (DOs), like Dr. Sarah Castellanos, are physicians trained in and entitled to practice the full scope of medical care... but with a more holistic approach. In addition, osteopathic medicine's manipulative techniques often can help avoid medications and surgery.

OMT: A different type of therapy that can benefit your health

Osteopathic manipulative treatment (OMT) involves using nonsurgical, manual (with hands) manipulation of the body's interconnected system of tissues and nerves to improve circulation, promote self-healing, provide relief, improve mobility, reduce stress and more. By integrating OMT into your Women's Health care, Dr. Castellanos can help:

- Relieve migraine, menstrual and other kinds of pain
- Improve irritable bowel syndrome
- Reduce problems of imbalance & immobility
- Improve fertility by maximizing your body's normal and natural processes and reproductive function

Contact us for more information or to schedule an appointment. Call 605-554-1020.

WOMEN'S WELLNESS CENTER

Obstetrics • Gynecology • Infertility • Osteopathy

www.HuronObGyn.com

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